

# Safe Haven Sunday

Parish Implementation Guide  
**Year Four**

Safe Haven Sunday is raising awareness throughout dioceses and parishes in the United States regarding the negative impacts of pornography on individuals, marriages, families, and society.

Safe Haven Sunday is a weekend set aside by dioceses and parishes to directly address the harms of pornography. Within the context of the Mass, dioceses and parishes are able to provide teaching and resources that will support individuals, marriages, and families in making all homes a safe haven.

It is inspired by the United States Conference of Catholic Bishops' formal statement, *Create in Me a Clean Heart: A Pastoral Response to Pornography*, in which they explain, "The use of pornography by anyone in the home deprives the home of its role as a safe haven and has negative effects throughout a family's life and across generations."

# Frequently Asked Questions

## **Q. What is Safe Haven Sunday?**

**A.** It is a weekend within the liturgical calendar selected by the diocese or parish to directly address the harms of pornography and to provide resources to support and protect individuals, marriages, and families in overcoming pornography and making their homes safe.

## **Q. Why is Covenant Eyes involved with Safe Haven Sunday?**

**A.** Covenant Eyes is committed to creating faith-based resources that foster the virtue of chastity and the tools to overcome pornography use and addiction (their flagship service is Screen Accountability). Safe Haven Sunday is one of the many resources Covenant Eyes has developed to assist U.S. dioceses and parishes in implementing the USCCB's formal statement, *Create in Me a Clean Heart: A Pastoral Response to Pornography*, one step at a time.

## **Q. Is Safe Haven Sunday an annual initiative?**

**A.** It is currently a four-year initiative that can be repeated in the life of a diocese and/or parish on a selected weekend to educate and inform individuals, marriages, and families on the harms of pornography.

## **Q. What is the theme for Safe Haven Sunday?**

**A.** This year's theme is Equipping the Family: Healing Marriages and Fatherhood.

## **Q. Is Safe Haven Sunday implemented at the diocesan or parish level?**

**A.** Both. This is a weekend that can be initiated by a diocese and/or a parish. If the diocesan bishop requests that parishes implement this weekend, the diocese plays a leading role in the weekend, primarily by way of communicating necessary actions

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to implement the weekend and at the same time spearheading communication with the parishes and the public. The parish role is to provide communications to parishioners, implement Safe Haven Sunday, which includes providing parishioners with this year's educational resources for adults: *STRIVE: 21-Day Porn Detox* by Matt Fradd and *Restored Vows: A Porn Recovery Series for Couples*.

## **Q. What role does the parish priest have in the implementation of Safe Haven Sunday?**

**A.** This effort is designed to be led primarily by the parish priest. He will be provided all the tools to make Safe Haven Sunday a success, including general intercessions, homily samples, bulletin blurbs and inserts, and FREE promotional cards to promote *STRIVE: 21-Day Porn Detox* by Matt Fradd and *Restored Vows: A Porn Recovery Series for Couples*.



# Frequently Asked Questions

**Q. What costs are involved with Safe Haven Sunday?**

**A.** The only cost involved in Safe Haven Sunday Year 4 is the optional purchasing of past years' books (\$3/per book) and the printing of the official Safe Haven Sunday prayer card locally.

**Q. How can I get my other questions answered as they arise?**

**A.** Please visit <https://www.covenanteyes.com/church/> to connect with our church outreach team.

**Q. What other resources are available to help implement Safe Haven Sunday?**

**A.** In addition to the Diocesan and Parish Implementation Guides, Covenant Eyes provides telephone, Zoom, and in-person consultations for help with the implementation of Safe Haven Sunday. Also, homily samples are available for dioceses and parishes that celebrate Safe Haven Sunday within the liturgical season of Lent.

The following section  
provides suggested steps  
that could be taken at  
the parish level during the  
five months leading up  
to the Safe Haven  
Sunday weekend.

# Implementation Timeline

## Month of Implementation

- **4 weeks out:** Parish priest writes about Safe Haven Sunday in his bulletin, newsletter, and/or mails letter to parishioners.
- **4 weeks out:** Safe Haven Sunday promoted on parish social media.
- **1 week out:** First bulletin blurb included the weekend prior to Safe Haven Sunday.
- **Implementation Weekend: Safe Haven Sunday**
  - Second bulletin blurb (may also be used as Pulpit Announcement)
  - Bulletin Insert
  - Homily Sample and/or Homily Video
  - General Intercessions
  - Prayer Card (may be prayed after General Intercessions or the closing song)
  - Announcement made at the end of Mass encouraging adults to use the resources being provided in the bulletin and in the pews. During the announcement, a description of *STRIVE: 21-Day Porn Detox* by Matt Fradd and *Restored Vows: A Porn Recovery Series for Couples* may be provided.
  - Bulletin insert used as flyer for distribution and *STRIVE* and *Restored Vows*

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promotional cards distributed after closing song.

- **1 week after:** Third and final bulletin blurb thanking parishioners for participating in Safe Haven Sunday.
- **1 week after:** Safe Haven Sunday / Thank You posted on parish social media.
- **1 week after:** Bulletin article on the parish effort.



The following section  
provides suggested  
resources that can be  
used to implement  
Safe Haven Sunday.

# Implementation Resources

Bulletin Blurbs (*English & Spanish*)

Bulletin Inserts (*English & Spanish*)

General Intercessions (*English & Spanish*)

Homily Video (*English & Spanish Subtitles*)

Letter From Parish Priests to Parishioners

Prayer Card for Parishioners (*English & Spanish*)

Social Media Kit

**[Click here to access the resources listed above](#)**