

Safe Haven Sunday

Diocesan Implementation Guide
Year Four

Safe Haven Sunday is raising awareness throughout dioceses and parishes in the United States regarding the negative impacts of pornography on individuals, marriages, families, and society.

Safe Haven Sunday is a weekend set aside by dioceses and parishes to directly address the harms of pornography. Within the context of the Mass, dioceses and parishes are able to provide teaching and resources that will support individuals, marriages, and families in making all homes a safe haven.

It is inspired by the United States Conference of Catholic Bishops' formal statement, *Create in Me a Clean Heart: A Pastoral Response to Pornography*, in which they explain, "The use of pornography by anyone in the home deprives the home of its role as a safe haven and has negative effects throughout a family's life and across generations."

Frequently Asked Questions

Q. What is Safe Haven Sunday?

A. It is a weekend within the liturgical calendar selected by the diocese or parish to directly address the harms of pornography and to provide resources to support and protect individuals, marriages, and families in overcoming pornography and making their homes safe.

Q. Why is Covenant Eyes involved with Safe Haven Sunday?

A. Covenant Eyes is committed to creating faith-based resources that foster the virtue of chastity and the tools to overcome pornography use and addiction (their flagship service is Screen Accountability). Safe Haven Sunday is one of the many resources Covenant Eyes has developed to assist U.S. dioceses and parishes in implementing the USCCB's formal statement, *Create in Me a Clean Heart: A Pastoral Response to Pornography*, one step at a time.

Q. Is Safe Haven Sunday an annual initiative?

A. It is currently a four-year initiative that can be repeated in the life of a diocese and/or parish on a selected weekend to educate and form individuals, marriages, and families on the harms of pornography.

Q. What is the theme for Safe Haven Sunday?

A. This year's theme is Equipping the Family: Healing Marriages and Fatherhood.

Q. Is Safe Haven Sunday implemented at the diocesan or parish level?

A. Both. This is a weekend that can be initiated by a diocese and/or a parish. If the diocesan bishop requests that parishes implement this weekend, the diocese plays a leading role in the weekend, primarily by way of communicating necessary actions

Frequently Asked Questions

to implement the weekend and at the same time spearheading communication with the parishes and the public. The parish role is to provide communications to parishioners and implement Safe Haven Sunday, which includes providing parishioners with this year's educational resources for adults: *STRIVE: 21-Day Porn Detox* by Matt Fradd and *Restored Vows: A Porn Recovery Series for Couples*.

Q. What role does the parish priest have in the implementation of Safe Haven Sunday?

A. This effort is designed to be led primarily by the parish priest. He will be provided all the tools to make Safe Haven Sunday a success, including general intercessions, homily samples, bulletin blurbs and inserts, and FREE promotional cards to promote *STRIVE: 21-Day Porn Detox* by Matt Fradd and *Restored Vows: A Porn Recovery Series for Couples*.



Frequently Asked Questions

Q. What costs are involved with Safe Haven Sunday?

A. The only cost involved in Safe Haven Sunday Year 4 is the optional purchasing of past years' books (\$3/per book) and the printing of the official Safe Haven Sunday prayer card locally.

Q. How can I get my other questions answered as they arise?

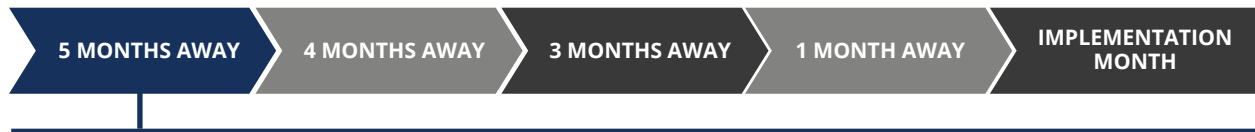
A. Please visit <https://www.covenanteyes.com/church/> to connect with our church outreach team.

Q. What other resources are available to help implement Safe Haven Sunday?

A. In addition to the Diocesan and Parish Implementation Guides, Covenant Eyes provides telephone, Zoom, and in person consultations for help with the implementation of Safe Haven Sunday. Also, homily samples are available for dioceses and parishes that celebrate Safe Haven Sunday within the liturgical season of Lent.

The following section
provides suggested steps
that can be taken at the
diocesan level leading up to
the Safe Haven Sunday
weekend.

Implementation Timeline



Five Months Until Implementation

- Request samples of the free promotional cards for *STRIVE: 21-Day Porn Detox* by Matt Fradd and *Restored Vows: A Porn Recovery Series for Couples*.
- Provide your Covenant Eyes Catholic Contact with the names and mailing addresses of your priests and parishes for Covenant Eyes to send a complimentary mailing of the free promotional cards for *STRIVE: 21-Day Porn Detox* by Matt Fradd and *Restored Vows: A Porn Recovery Series for Couples*.
- Send your Covenant Eyes Catholic Contact the digital form of a letter from your bishop and/or the diocesan director to include with the complimentary mailing of the free promotional cards for *STRIVE: 21-Day Porn Detox* by Matt Fradd and *Restored Vows: A Porn Recovery Series for Couples*.

Implementation Timeline



Four Months Until Implementation

- Meet with the Diocesan Presbyteral Council to share plans for Safe Haven Sunday and receive suggestions about how to get parishes passionate about the annual implementation of Safe Haven Sunday.
- Diocesan representative(s) speak at all deanery meetings about Safe Haven Sunday.

Implementation Timeline



Three Months Until Implementation

- Diocesan representative(s) to contact priests who were unable to attend their deanery meeting and review Safe Haven Sunday.
- Diocesan representative to send follow-up communication to clergy and diocesan and parish leaders about *STRIVE: 21-Day Porn Detox* by Matt Fradd and *Restored Vows: A Porn Recovery Series for Couples* and printing the prayer cards locally.

Implementation Timeline



One Month Until Implementation

- Diocesan representative to send a final communication to clergy, diocesan, and parish leaders about *STRIVE: 21-Day Porn Detox* by Matt Fradd and *Restored Vows: A Porn Recovery Series for Couples* and printing the prayer cards locally.
- Promotional cards for *STRIVE: 21-Day Porn Detox* by Matt Fradd and *Restored Vows: A Porn Recovery Series for Couples* and Safe Haven Sunday prayer cards arrive at diocese or parish.
- Diocesan representative(s) organize drop-off of promotional cards (if selected to deliver personally and not the complimentary mailing through Covenant Eyes).
- Safe Haven Sunday prayer cards to parishes.
- Safe Haven Sunday promoted on local Catholic radio station.
- Bishop and/or diocesan representative(s) interviewed about Safe Haven Sunday on local Catholic radio station.

Implementation Timeline



Month of Implementation

- **4 weeks out:** Bishop shares about Safe Haven Sunday in his diocesan newspaper column.
- **4 weeks out:** Safe Haven Sunday ad printed in diocesan newspaper.
- **4 weeks out:** Safe Haven Sunday shared on diocesan social media.
- **1 week out:** First bulletin blurb included in the bulletin the weekend prior to Safe Haven Sunday.
- **Implementation Weekend: Safe Haven Sunday in all Parishes**
 - Second bulletin blurb (may also be used as Pulpit Announcement)
 - Bulletin Insert
 - Homily Sample and/or Homily Video
 - General Intercessions
 - Prayer Card (may be prayed after the General Intercessions or the closing song)
 - Announcement made at the end of Mass encouraging adults to use the resources provided in the bulletin and in the pews. During the announcement, a description of *STRIVE: 21-Day Porn Detox* by Matt Fradd and *Restored Vows: A Porn Recovery Series for Couples* may be provided.
 - Bulletin insert used as flyer for distribution and *STRIVE* and *Restored*

Implementation Timeline



Month of Implementation

- **1 week after:** Third and final bulletin blurb thanking people for participating in Safe Haven Sunday.
- **1 week after:** Safe Haven Sunday / Thank You posted on diocesan social media.
- **1 week after:** Letter sent from bishop to clergy, diocesan, and parish leaders thanking them for their support and leadership.
- **1 week after:** Diocesan newspaper article on local parish efforts.

The following section
provides suggested
resources that can be
used to implement
Safe Haven Sunday.

Implementation Resources

Parish Resource Order Form

Bulletin Blurbs (*English & Spanish*)

Bulletin Inserts (*English & Spanish*)

Diocesan Representative Follow-Up

Diocesan Representative Final Follow-Up

Diocesan Newspaper Ads (*English & Spanish*)

Diocesan Newspaper Article From Bishop (*English & Spanish*)

General Intercessions (*English & Spanish*)

Homily Video (*English & Spanish Subtitles*)

Introduction Letter From Bishop to Priests

Letter From Parish Priests to Parishioners

Prayer Card for Parishioners (*English & Spanish*)

Thank You Letter From Bishop to Diocesan and Parish Leaders

Social Media Kit

[Click here to access the resources listed above](#)